



LANGLEY CREW



ROW WITH THE CHAMPIONS

2012, 2013, 2014, 2015, 2016, 2017, 2018 & 2019

VIRGINIA STATE CHAMPIONS

- Open to men & women, all grade levels
- No previous rowing experience necessary
- We compete at state & national regattas
- Earn your Langley varsity letter
- Great friends, trips, a lifetime of memories
- Strong college resume boost

FALL LEARN TO ROW SEPT 7-OCT. 26

- Open to individuals in the Langley pyramid in grades 8 and up.
- Class introduces the basics of rowing – such as language and handling equipment, to performing rowing drills and rowing all eight.
- Gain familiarity with the sport and prepare yourself to be a part of the Langley Crew Team.



***To learn more about the sport
and our team, contact us
today!***

**langleyrowing@gmail.com or
read about us online:
Instagram: langleyrowing
Twitter: LangleyCrew
langleycrew.com**